

PET/CT Patient Instructions

2202 South Cedar St, Suite 200 • Tacoma WA 98405

Scheduling

(253) 761-4200

(866) 761-4200 toll-free

Scheduling Fax

(253) 761-4201

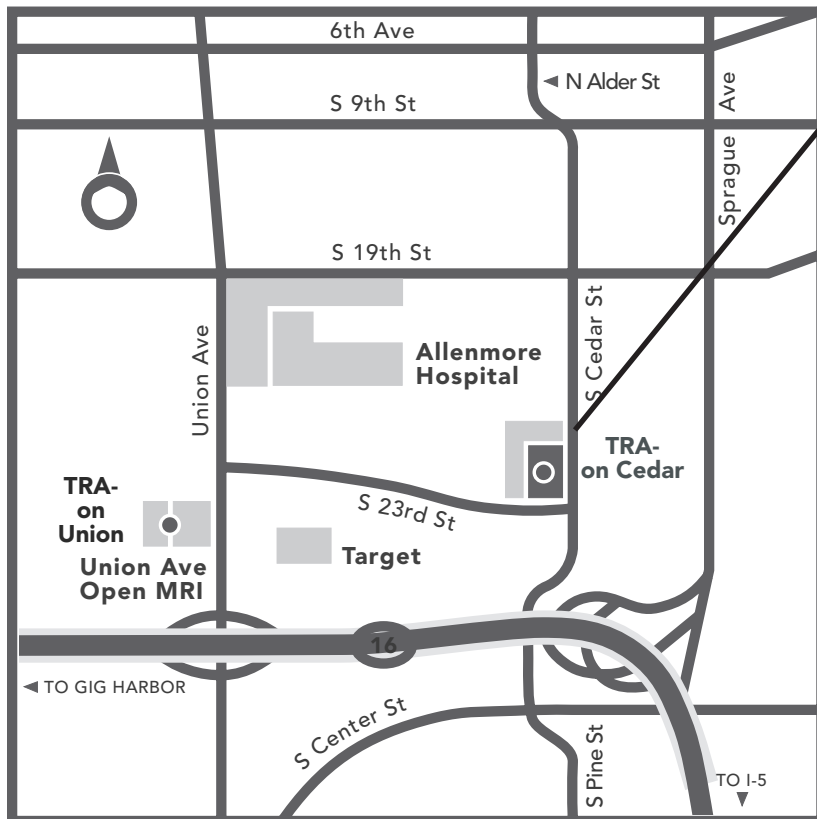
(866) 761-4201 toll-free fax

- **NOTHING TO EAT OR DRINK (EXCEPT WATER) AFTER MIDNIGHT**
- You are encouraged to drink water before your exam, but only water. Anything else may adversely effect exam quality.
- All necessary medications, except diabetes medications and steroids, may be taken with water.
- If you are diabetic, **DO NOT** take your morning diabetes medicine. If you need insulin in the morning, call a TRA Referral Coordinator and we will arrange the best schedule for you.
- No strenuous exercise before your exam.
- The PET/CT scanner room is air-conditioned, please wear long sleeves. Sweat suits work well.
- No metal such as zippers, metal buttons, etc. You can change into a gown if needed.

Please note: the entire visit (check-in to exit) takes from 2 to 2 1/2 hours.

The PET Scan is a time sensitive procedure. It is important you are on-time to your check-in. If you must cancel or re-schedule please notify us 24 hours in advance so we can cancel the radioactive compound which has been ordered specifically for your exam.

If you have Questions, please call a Referral Coordinator at (253) 761-4200.



TRA-On Cedar

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